Dear Jane,

I am delighted to write to confirm that "Community Spirited" has been the greatest of discoveries for our family. Mum is 86 years of age and needing a little more help than I'm able to provide comfortably, as I have a chronic back problem.

It is of paramount importance to our family that Mum is encouraged to stay in her own home. Currently the two hours weekly when the help is provided is for basic cleaning. However, the young lady that comes to work is so much more than a "Cleaning Lady". She is certainly very efficient and effective but also, she's a friend to Mum and is courteous, considerate and encouraging.

The regular visits on a Friday have become a part of Mum's life and she really looks forward to them; it has afforded her the opportunity to get enthusiastic about her home-building again. She is able to plan things for the home with confidence and excitement.

The wider activities offered by "Community Spirited" are of great interest to us and we're looking forward to going out to the various social occasions from time to time.

Having seen the wonderful service provided to Mum by "Community Spirited" I am about to book a cleaning "Slot" from "Community Spirited" myself. It will help me a great deal.

Viv Nobbs.